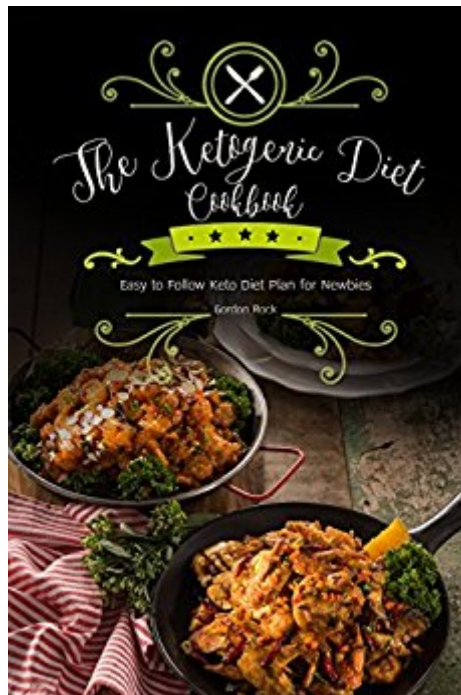




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# The Ketogenic Diet Cookbook: Easy To Follow Keto Diet Plan For Newbies



## Synopsis

If you need to go on a simple low carb diet that won't leave you feeling hungry throughout the day, then the ketogenic diet is perhaps the best diet for you. With the help of the ketogenic diet, not only will you be able to lose weight, but you will also be able to reverse a few medical conditions in the process. With the help of this ketogenic cookbook, you will be able to set up your own diet plan that is tailor made to fit your needs. On top of that you will discover over 25 of the healthiest and best tasting recipes that won't leave you feeling hungry. So, what are you waiting for? Grab a copy of this book and start cooking today! ==> **BUY THIS BOOK TODAY AND GET BONUS COOKBOOK INSIDE!!**

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Print Length: 73 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 20, 2017

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B074ZM7MM2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #50,347 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #38

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Helpful book to get sound and good health.

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